Oxford Health
NHS Foundation Trust



Research and Development

CAMHS Research

OH 028.26

Introduction

Why are you receiving this information?

You are receiving this leaflet because your child is currently supported by CAMHS (Child and Adolescent Mental Health Services), and there may be opportunities for them to take part in research.

Research in child and adolescent mental health aims to improve our understanding of emotional wellbeing, develop better treatments, and ensure services meet the needs of young people and families.

By learning from the experiences of children, young people, and their families, researchers can identify what works well, what could be improved, and how to provide more effective, personalised support.

This leaflet will help you understand what research involves and how you and your child can choose whether to take part.

Benefits Of Taking Part in Research

Some studies have direct benefits to those who take part. Getting to try a new treatment/intervention or help to evaluate an existing one.

Other benefits have been expressed, such as, enjoyment of taking part in the research study, learning more about yourself,

young person or condition and helping future young people or parents/carers.

Overcoming Barriers to Research

We have listened to parent feedback, and we understand that taking part in research may feel challenging for some families. You may be concerned about time commitments, confidentiality, or whether participation could affect your child's care.

Some children and parents may feel unsure about sharing personal experiences or worry about being judged.

The CAMHS research assistants will work with you to make research as accessible as possible considering other commitments and will explain clearly what options are available so you can make an informed decision.

It is important to know that all research is voluntary, and you can choose not to take part or withdraw at any time without affecting your child's support.

Research Contact Details and More Information

Email: Mentalhealthresearch@oxfordhealth.nhs.uk

Website: https://oxfordhealth.nhs.uk/research/

Accessibility

An accessible version of this leaflet can be found on our website: www.oxfordhealth.nhs.uk/leaflets

Get in touch

Address	Oxford Health NHS Foundation Trust Trust Headquarters Littlemore Mental Health Centre Sandford Road, Oxford OX4 4XN
Phone	01865 901 000
Email	enquiries@oxfordhealth.nhs.uk
Website	www.oxfordhealth.nhs.uk

Feedback

Our Patient Advice and Liaison Service (PALS) provides advice and support to patients, families, and carers, helping to resolve any problems, concerns, or complaints you may have.

Phone	0800 328 7971
Email	PALS@oxfordhealth.nhs.uk

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