



**Join today's research to  
shape tomorrow's care**

Research and Development

**Count Me In**

# Introduction

Oxford Health is a research-active Trust improving care through innovative studies in mental and brain health.

Our research is shaped by patients, carers and clinicians, and delivered to the highest standards.

By supporting research, staff help drive better treatments and outcomes for the people we serve.

## Research at Oxford Health NHS Foundation Trust

Oxford Health carries out research to improve care for people with mental and brain health conditions. Our studies explore a wide range of areas, including dementia, depression, sleep, pain, and psychosis.

Some research focuses on understanding how the brain works and testing new treatments, while other studies explore how services can better meet patients' needs.

You may be invited to take part by completing a questionnaire, sharing your experiences, trying a new therapy, or testing a medication.

Research helps us learn more and improve care for you and for other patients today and in the future.

## Current research opportunities

To find out more about current studies and how to get involved, visit our websites:

- [Oxford Health NHS Foundation Trust](http://www.oxfordhealth.nhs.uk)  
[www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)
- [Oxford Health Biomedical Research Centre](https://oxfordhealthbrc.nihr.ac.uk/)  
<https://oxfordhealthbrc.nihr.ac.uk/>
- [Oxford Health Clinical Research Facility \(OH CRF\)](http://www.oxfordhealthcrf.nihr.ac.uk)  
[www.oxfordhealthcrf.nihr.ac.uk](http://www.oxfordhealthcrf.nihr.ac.uk)

## What does Count Me In mean for patients?

Count Me In means that patients may be contacted directly by approved Oxford Health research staff, to ask whether they would like to hear more about relevant research opportunities.

Patients may be contacted, if they are currently a service-user or after they are discharged, **unless they ask not to be.**

If contacted, you do not have to take part. Participation is voluntary and you can decide whether to find out more.

We will not share patient information outside of Oxford Health as part of Count Me In.

## How will Count Me In benefit patients?

- More patients will hear about research and be informed of opportunities to take part
- Patients will decide whether to hear more about research
- Patients in research active NHS Trusts receive better care and have better outcomes.

## How Count Me In will improve research at Oxford Health?

- More people will take part in research
- Participants will be recruited from a more diverse population, more accurately reflecting the general population
- The most suitable people for research projects will be identified more quickly
- Direct engagement with people about research will increase

## What if I do not want to receive information about research or I have a question about Count Me In?

If you have a question, or do not want to be contacted, you can tell us:

**By telephone:** 01865 90 2135

**By email:** [CountMeIn@oxfordhealth.nhs.uk](mailto:CountMeIn@oxfordhealth.nhs.uk)

If you would like to have this information in another format, please go to online version of the leaflet:

Scan the QR code for more information on our Count Me In webpage.



Count Me In is a project coordinated by the Oxford Health Biomedical Research Centre (Data Science Theme) and led by Professor Andrea Cipriani - [www.oxfordhealthbrc.nihr.ac.uk](http://www.oxfordhealthbrc.nihr.ac.uk)





# Accessibility

An accessible version of this leaflet can be found on our website: [www.oxfordhealth.nhs.uk/leaflets](http://www.oxfordhealth.nhs.uk/leaflets)

## Get in touch

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                 Sandford Road, Oxford OX4 4XN

Phone        01865 901 000

Email         [enquiries@oxfordhealth.nhs.uk](mailto:enquiries@oxfordhealth.nhs.uk)

Website      [www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)

## Feedback

Our Patient Advice and Liaison Service (PALS) provides advice and support to patients, families, and carers, helping to resolve any problems, concerns, or complaints you may have.

Phone        0800 328 7971  
Email         [PALS@oxfordhealth.nhs.uk](mailto:PALS@oxfordhealth.nhs.uk)

Become a member of our foundation trust: **[www.ohftnhs.uk/membership](http://www.ohftnhs.uk/membership)**

Support Oxford Health Charity, making a difference to patients, their families and staff who care for them: **[www.oxfordhealth.charity](http://www.oxfordhealth.charity)**