

Are You Caring for Someone Over the Age of 65 and/or with a Diagnosis of Dementia?

**Come along to our Carer Group at
The Whiteleaf Centre in Aylesbury!**



The Carer Group will take place on the following dates from 1 – 3 pm. You do not need to attend for the whole session.

Monday 1st June 2026
Monday 6th July 2026
Monday 3rd August 2026
Monday 7th September 2026
Monday 5th October 2026
Monday 2nd November 2026
Monday 7th December 2026

The purpose of the group is to provide carers with a space to talk about their feelings and experiences, enjoy a tea or coffee, and find out more about what resources are available.

Address:

The Whiteleaf Centre
Oxford Health NHS Foundation Trust
Bierton Road
Aylesbury
HP20 1EG

Please report to the Main Reception area where a member of our team will meet you.

Get in touch:

For further information please contact Sally Wells, Carers Lead Bucks Mental Health Teams and Research Assistant for the Memory & Cognition Research Delivery Team.

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07824 103370

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