

ONLINE COFFEE MORNINGS

JOIN OUR SUPPORTIVE COMMUNITY!

Parent/Carer Peer Support Forum

 **Weekly Coffee Morning Drop-In** 
 **Wednesday | 11am – 12:30pm**
 **Online**

 **Limited to 10 spaces per session**

To book follow the link or QR code

[HTTPS://WWW.OXFORDHEALTH.NHS.UK/CAMHS/INVOLVEMENT/OXON/WWY/](https://www.oxfordhealth.nhs.uk/camhs/involvement/oxon/wwy/)



Join our friendly, supportive space to connect with other parents and carers, share experiences, and get guidance from our Peer Support Workers. Whether you're navigating CAMHS or looking for ways to support your young person's mental health, we're here to help.

✨ Choose a Wednesday that works for you and drop in! ✨

Reserve your spot today! 

WWY
Supportive Steps
CAMHS
Child and Adolescent
Mental Health Service