

Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

CONTACT US

Oxford Health NHS Foundation Trust
Children's Integrated Services
Orchard Health Centre
Cope Road
Banbury
Oxon
OX16 2EZ
Telephone: (01865) 904435
Email: oxonchil-drens.therapies@oxfordhealth.nhs.uk
Website: www.oxfordhealth.nhs.uk/cit

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

أرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسليق مختلف.
আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে Bengali পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।
اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔
Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫
Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.
Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

Oxford Health NHS Foundation Trust
Trust Headquarters
Littlemore Mental Health Centre
Sandford Road
Littlemore
Oxford
OX4 4XN

Switchboard: 01865 901 000
Email: enquiries@oxfordhealth.nhs.uk
Website: www.oxfordhealth.nhs.uk

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NHS

Oxford Health
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Children's Community
Physiotherapy Service

Coordination Level 1

Reciprocal crawling on the floor.



Cross midline to step over a line, bringing each foot across to the other side of the line.



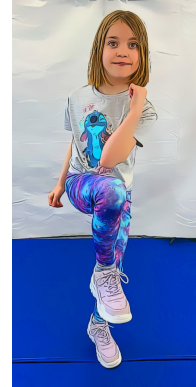
Make up different sequences by clapping your hands together and on your knees



Repeatedly high five your partner crossing midline.



In standing, bring your opposite elbow to the opposite knee.

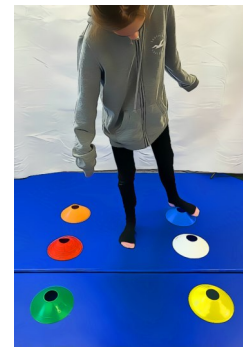


Heads, shoulders, knees and toes.

In sitting tap your knee with the opposite hand with both hands.



Use different colours or objects. Have your partner instruct you which one to tap with your foot.



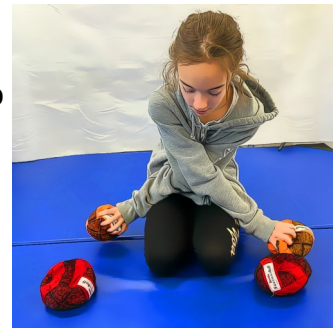
Step out to the side and lift your arm



Snow angels on the floor.



In sitting, swap objects from side to side using both hands at the same time.



Walk by stepping forwards with one leg and lift your opposite arm.

