

Information Governance

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11 September 2018

Reference no. 18190174

Dear,

Request for Information: Freedom of Information Act

Thank you for your email of 13 August making a request for information under the Freedom of Information Act. You requested the following information and the Trust is able to provide the information below in response:

Request:

Under freedom of information legislation, I am seeking the following information, all in relation to Electroconvulsive Therapy (ECT):

- How many people have received ECT through your trust in the last 2 years?
- What is the age of the youngest person to have been given ECT through your trust in the last 2 years?
- What is the age of the oldest person to have been given ECT through your trust in the last 2 years?
- How much does it cost your trust to offer ECT to one person in standard blocks of therapy, such as 10 rounds of being given ECT? A current rate/cost today.
- How much does it cost your trust to offer psychotherapy to one person in standard blocks of therapy, such as 10 sessions of psychotherapy? A current rate/cost today.
- How many patients in the last 2 years receiving treatment of ECT through your trust have been given rehabilitation for their brain injuries induced by the ECT?

- How many patients within the last two years have reported memory loss after undergoing ECT?
- What cognitive function testing does the trust advocate and carry out on ECT patients and with what frequency?

Response:

1. In 2015/2016 and 2016/2017 the Trust provided ECT for 129 patients.
2. Youngest patient 16
3. Oldest patient: 91
4. The Trust does not record such costing information.
5. The Trust does not record such costing information.
6. 0
7. 0.
8. During course of ECT:

MOCA and Hopkins verbal learning test before and after 1st ECT, and after every 6 further ECTs

Subjective memory questionnaire before 1st ECT

Following course of ECT

3-4 days post ECT:

- Carer and patient feedback form (will be sent to home address by ECT team with a stamped addressed return envelope)
- ECT monitoring response form
- SMQ
- MOCA
- BDI

Only for patients treated for catatonia:

- Bush-Francis catatonia rating scale (unless previous score is already 0, at which point BFCRS does not need to be repeated)

1 – 2 month post ECT:

- ECT monitoring response form
- SMQ
- MOCA
- HVLT 5

Only for patients treated for catatonia:

- Bush-Francis catatonia rating scale (unless previous score is already 0, at which point BFCRS does not need to be repeated)

The patient must be reviewed by the appropriate team at least once a month for the 3 months following an acute course of ECT

The Trust use ECT to treat patients with serious, life-threatening depression and other acute mental health conditions, in conjunction with psychotherapy and other treatments. ECT is recognised as a safe and effective treatment by the Royal College of Psychiatrists, which does not induce brain injury, and we are careful to follow the guidelines set by them.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to me and I will ensure the decision is reviewed. The Trust will consider undertaking a review if requested to do so within 40 working days of the date the response is received by the applicant, and will apply discretion if a longer period of time has passed.

Should you wish to make a complaint as a result of the outcome of such a review, you may apply directly to the Information Commissioner's Office (ICO) for a decision.

Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by the Trust for FoI Act matters.

The ICO can be contacted at:

The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF

Please contact me if there are any further queries.

Kind regards,

Yours sincerely,

Mark Underwood

Head of Information Governance