

Information Governance

White Building Littlemore Mental Health Centre Sandford Road Littlemore Oxford OX4 4XN

Tel: 0845 219 1269 Fax: 0845 219 1275 Web: www.oxfordhealth.nhs.uk

> 20 July 2018 Our ref: 18190113

Dear

Request for Information: Freedom of Information Act

Thank you for your email of 29 June, making a request for information under the Freedom of Information Act. You requested the following information and the Trust is able to provide the information below in response:

Request:

This request concerns expressive/creative therapies. This refers to the use of the creative arts as a form of therapy and includes art therapy, drama therapy, music therapy and dance therapy.

For each question I am seeking information for each of the following time periods (financial years):

- i) 2014/15
- ii) 2015/16
- iii) 2016/17
- iv) 2017/18 to date (most recent data available)
- 1. Does your trust provide expressive/creative psychological therapies? If yes, which types?
- 2. How many staff do you employ who are trained in expressive/creative therapies?
- 3. How much is spent on providing expressive/creative psychological therapies?

Response:

- 1. The Trust does provide therapeutic activities which contain an expressive or creative element, but it would not be possible to give data around this. The Trust provides an initiative called Artscape, for example, which uses the arts (with artists) to deliver projects and it may be therapeutic but it is not a psychological therapy.
- 2. In relation to Arts therapists who are registered by the HCPC, the Trust have 2 part time Arts therapists (Music and Art).
- 3. The Trust are unable to provide information in respect of total spend on expressive/creative therapies.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to me and I will ensure the decision is reviewed. The Trust will consider undertaking a review if requested to do so within 40 working days of the date the response is received by the applicant, and will apply discretion if a longer period of time has passed.

Should you wish to make a complaint as a result of the outcome of such a review, you may apply directly to the Information Commissioner's Office (ICO) for a decision.

Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by the Trust for FoI Act matters.

The ICO can be contacted at:

The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF

Please contact me if there are any further queries.

Kind regards,

Yours sincerely,

Mark Underwood

Head of Information Governance