

# Breast Screening



If you are female or registered female with a GP and are aged 50 to 71, you will be invited for NHS breast screening.



You will get a letter in the post.



For men, transgender men and non-binary you can ask your GP for breast screening.



This NHS service is free.



You will be offered an X-ray of your breasts. This X-ray is called a mammogram.

You will be offered a mammogram every 3 years.



It is good to check your breasts regularly yourself. Your GP can also help with this.

Speak to your GP if you notice any lumps or changes in your breasts.