



## Membership Matters September 2024

Dear Trust Member,

Welcome to your September Membership Matters newsletter, a newsletter for members of the Trust with recent news and forthcoming events. This month we include an update from the Trust's Annual General Meeting and Annual Members Meeting, an announcement about the Buckinghamshire, Oxfordshire and Berkshire West, Integrated Care Board (BOB ICB) Chief Executive role, celebrate national success for Buckinghamshire Talking Therapies, new treatments for depression and the opening of another new Keystone Mental Health and Wellbeing Hub opened in Wantage, plus much more happening around the Trust.

As a [member](#) you decide how much, or how little you want to get involved. We'd love you to attend our events, share your thoughts with your [local governor](#) or even stand to become the governor in your area. If you're a [social media](#) user, feel free to like and share posts so that your friends, family and colleagues can get to know more about us and the work that we do. Or you may simply want to be kept informed. However you choose to show your support and make a difference, we are happy to have you on board.

## News from around the Trust

**Oxford Health Annual Members Meeting (AMM) and Annual General Meeting (AGM) 2024 spotlights services and hope for the future**

Oxford Health's AMM and AGM 2024 proudly presented progress of the past year and acknowledged the latest challenges – with patients and staff at the heart of the Trust on Tuesday 10 September at Didcot Town Council Civic Hall.



The evening captured the true essence of the Trust and importantly acknowledged staff, with their devoted contributions giving hopes for a bright future.

[Website: Oxford Health's AMM and AGM 2024](#)



**Nick Broughton appointed to Buckinghamshire, Oxfordshire and Berkshire West, Integrated Care Board Chief Executive role**

Nick Broughton, previously Chief Executive at Oxford Health has been appointed as the Chief Executive for Buckinghamshire, Oxfordshire and

Berkshire West (BOB) Integrated Care Board (ICB).

Nick has been interim Chief Executive since July 2023.

Oxford Health will start the process to appoint our substantive Chief Executive in due course.

**HAVE YOUR SAY: Warneford Park Consultation**

As Trust members you may be aware that the Warneford Hospital is the oldest inpatient unit still in use across the NHS.

We have ambitious plans to replace the hospital with a major brain health research and innovation campus at the existing Warneford Hospital site in Headington. This will comprise of a new state-of-the-art



mental health hospital, modern scientific facility and a new post-graduate college for the University of Oxford.

We are in the pre-application planning phase of this project and value your views in first public consultation that closes at the end of September. We would like local residents, organisations and key stakeholders to get involved and share their feedback, so that the plans for Warneford Park meet people's needs in the best way possible.

[Website: Warneford Park Pre-planning application](#)



### **Alpaca walks in the Bucks countryside spell national success for Bucks Talking Therapies**

Buckinghamshire Talking Therapies and Sport England have devised a mental health treatment which combines talking therapy and physical exercise, like countryside walks with alpacas.

People being treated for anxiety and depression by NHS Buckinghamshire Talking Therapies were invited to trial the new approach incorporating physical activity alongside talking therapy.

The approach is to be trialled nationwide by the NHS and Sport England.

[Website: Bucks Talking Therapies and Sport England](#)

### **Patients at Oxfordshire Stroke Rehabilitation Unit join the Olympic fun**

Oxfordshire Stroke Rehabilitation Unit (OSRU) took part in their own Olympic games this summer.

Whilst the OSRU team provide clinical and therapeutic rehabilitation to stroke survivors, they did so with an added dose of fun and friendly sporting spirit thanks to Olympic-themed sports equipment funded by Oxford Hospitals Charity.



[Website: Oxfordshire Stroke Rehabilitation Unit receives new sports equipment](#)



## **Eight year alcohol-related dementia research awarded £2.4 million**

Consultant psychiatrist at Oxford Health, Dr Anya Topiwala received a £2.4 million Wellcome Career Development Award, providing funding for eight years of research into alcohol-related dementia. The significant

funding from the award will aim to identify the pathways by which alcohol leads to dementia.

[Website: Oxford Health psychiatrist awarded £2.4 million Wellcome Career Development Award](#)

## **New shingles vaccine could reduce risk of dementia**

The new shingles vaccine 'Shingrix' is associated with a reduced risk of dementia.

According to a major new study supported by Oxford Health Biomedical Research Centre (OH BRC) both the latest vaccine and the previous shingles vaccine offer protection against dementia.

However, evidence indicates the new shingles vaccine is more protective against dementia compared to the previous one.



[Website: New shingles vaccine could reduce risk of dementia](#)

## **Oxford Health Charity**



Celebrating  
Oxford Health Charity

### **Celebrating Oxford Health Charity**

In July, Oxford Health Charity turned 28-years-old. Celebrate with us and take a look at our showcase of projects and events from the past year, including a special evening trip to Cotswold Wildlife Park and Gardens for



ROSY (Respite for Oxfordshire's Sick Youngsters) families.

[Website: Celebrating Oxford Health Charity](#)

[Website: ROSY families enjoy a dream night at Cotswold Wildlife Park and Gardens](#)

### **Abingdon Marathon 2024**

The Abingdon Marathon takes place on 20 October and there are two ways you can get involved to support the Oxford Health Charity appeal for Abingdon Community Hospital. Taking part in the Abingdon Marathon as a runner or supporting the event as a volunteer and nominating Oxford Health Charity to be one of the race charities.



[Website: Abingdon Marathon 2024](#)

### **New Volunteering Recruitment site**

Earlier this year, Oxford Health Charity launched a new volunteer management and recruitment system “Assemble”. Assemble will allow the charity to manage all volunteer applications, clearances, training, and ongoing roles through one platform and provide volunteers with a one-stop system to get involved, see news on volunteering opportunities and developments and record their achievements.

[Website: New volunteering recruitment site](#)

### **Board of Directors update**

The Board of Directors met virtually on Wednesday 25 September at 9am. Copies of the papers can be found on the Trust website. Website: [Meeting Papers](#).

### **Upcoming Meetings**

#### **Board of Directors**

Wednesday 27 November, 9am to 3:30pm. This meeting will be held virtually. Papers and the joining link will be available on the Trust website. [Website: Meeting Papers](#)

**Council of Governors**

Thursday 3 October, 5.30pm to 7.30pm. This meeting will be held virtually. Papers and the joining link will be published before the meeting on the Trust website. [Website: Meeting Papers](#)

**Council of Governors**

Thursday 5 December, 5:30pm to 7:30pm. This meeting will be held virtually. Papers and the joining link will be available on the Trust website. [Website: Meeting Papers](#)

To unsubscribe click [here](#).