



## Membership Matters July 2024

Dear Trust Member,

Welcome to Oxford Health NHS Foundation Trust.

Welcome to your July Membership Matters newsletter, keeping you informed and involved about what matters to you. This month we are celebrating Oxford Health's amazing Staff Awards, the launch of our new Keystone Mental Health & Wellbeing Hubs in Oxford and Kidlington, introducing our newly appointed Governors plus much more on what's happening around the Trust.

As a [member](#) you decide how much, or how little you want to get involved. We'd love you to attend our events, share your thoughts with your [local governor](#) or even stand to become the governor in your area. If you're a [social media](#) user, feel free to like and share posts so that your friends, family and colleagues can get to know more about us and the work that we do. Or you may simply want to be kept informed. However you choose to show your support and make a difference, we are happy to have you on board.

## News from around the Trust

### Meet our new appointed Governors

Thank you to everyone who voted or played a part in the recent Governor elections. Our governors are members, just like you, who have put themselves forward to represent their community's views on local healthcare services and shape the future of Oxford Health NHS Foundation Trust.



This year eleven new governors have been elected and we are very excited to welcome them. Look out for updates about the governors and their work on behalf of their communities.

[Website: Oxford Health Council of Governors](#)



### **Oxford Health colleagues shine again at this year's Staff Awards**

The Trust celebrated outstanding care and professionalism at our annual Staff Awards. We saw a record number of nominations for colleagues and teams throughout the organisation and the judging panel had a tough time

selecting the nominees and eventual winners.

[Website: Oxford Health individuals and teams shine at annual staff awards](#)

### **Meet the Governors event – Monday 29 July**

Come along and speak to your local governors so they can hear your views and experiences on our services **on Monday 29 July from 7pm to 8pm at the Thame Barns Centre, Church Road, Thame OX9 3AJ. Refreshment will be available from 6:30pm**

Meet the Governors event  
**Monday 29 July**

Hear from speakers **Sophie McGlen** and **Sarah Beauchamp**, Hospital at Home, Oxford University Hospitals NHS Foundation Trust and **Catherine Sage** Head of Service Mental Health Urgent Care and Social Care, Oxford Health NHS Foundation Trust on how to get urgent mental health care in a crisis.

The event is FREE to attend, please register via: [ouhmembers@ouh.nhs.uk](mailto:ouhmembers@ouh.nhs.uk) or call: 01865 231 472.



## Trust-wide Exceptional People Awards

The Trust also recognises individuals and teams for their outstanding contribution in our monthly Exceptional People Awards. These awards recognise people who go

above and beyond across all roles and responsibilities at the Trust. Don't miss out - nominate today.

[Website: Exceptional People Awards](#)

## Psychosis study

The Oxford Health Mental Health Research & Delivery team is involved in a revolutionary study which could help discover causes of psychosis that traditional psychiatric treatments are not able to treat.

[Website: Psychosis study](#)



## Two new Mental Health & Wellbeing Hubs for Oxfordshire



Keystone Mental Health and Wellbeing Hub Oxford opened its doors during Mental Health Awareness Week thanks to Matt Richardson, comedian and

presenter of hit shows such as the Xtra Factor, Celebrity Haunted Hotel Live, Celebrity Haunted Mansion and competitor in the thirteenth series of Dancing on Ice. The hub is also home to the OCA Café, run by local charity Oxford Community Action, a welcoming friendly place for people to have a coffee and meet friends.

Kidlington's Keystone was officially opened by Chair of Oxford Health NHS Foundation Trust, David Walker, at a special event that brought together staff who will be working at the site and colleagues from other organisations who have collaborated.

[Website: Keystone Health and Wellbeing hubs](#)

## Join us for the 10th annual Have a Go Festival!

This year marks the tenth year of the inclusive and inspiring Have A Go Festival – a sports day offering adults with learning disabilities a chance to try a range of sports, meet new people and get active.



Find out more about this community event which has influenced hundreds of people and takes place on 23 July.

[Website: Join in on the 10<sup>th</sup> annual Have a Go Festival](#)



## Making mental health care better in Oxfordshire

The Trust is working with Oxfordshire County Council and Buckinghamshire, Oxfordshire, and Berkshire West Integrated Care Board (BOB ICB) as part of a plan to improve mental health

services. The goal is to team up with different groups and use their skills to make mental health care better.

If you have used adult or older adult mental health services in Oxfordshire, get involved and share your thoughts and experiences to help us understand what works well and what needs to be improved.

The survey closes 15 July 2024.

[Website: Making mental health care better in Oxfordshire survey](#)

## Medical centre makeover gets positive reception

Luther Street Medical Centre is a unique service in the heart of Oxford providing valuable help, support and care for some of the most vulnerable people in the city.

Following a rejuvenating refurbishment Oxford Health's Chief Executive, Grant Macdonald, paid a visit to see the improvements for himself and to speak to some of the staff that make a difference to people's lives.

[Website: Luther Street Medical Centre gets a positive reception](#)



## Romani flag flies proudly across Oxford Health

The Romani flag flew proudly from Oxford Health's flagship buildings to celebrate Gypsy, Roma and Traveller History Month encouraging people to share their love of community and family to support one another to access healthcare when they need it.

[Website: Romani flag flies proudly across Oxford Health](#)

## Valuing our Carers

At Oxford Health we recognise and value the carers, family and friends of our patients and services users.

During this year's annual Carers Week, supported by Oxford Health Charity, the Trust wanted to give something back for all the hard work they do all year round, and hosted free online wellbeing related activities for carers of all ages.

Have a look at the activities that took place throughout Carers Week.

[Website: Valuing our Carers](#)



## People with Down Syndrome needed for Alzheimer's vaccine trial



Could you or a loved one take part in a vaccine trial for people with Down Syndrome?

The [ABATE](#) part 2 study is testing a vaccine that may slow the progression of Alzheimer's disease in people with Down Syndrome.

The ABATE Part 2 study team is recruiting individuals with Down Syndrome aged between 35-50 years old and have a family member or friend who could be a study partner. If you or a loved one is interested in taking part, email the Oxford Health study team on [mentalhealthresearch@oxfordhealth.nhs.uk](mailto:mentalhealthresearch@oxfordhealth.nhs.uk)



### **Volunteering with Oxford Health Charity**

Volunteering with Oxford Health covers a wide variety of different opportunities and new roles are being developed regularly. The roles of volunteers have

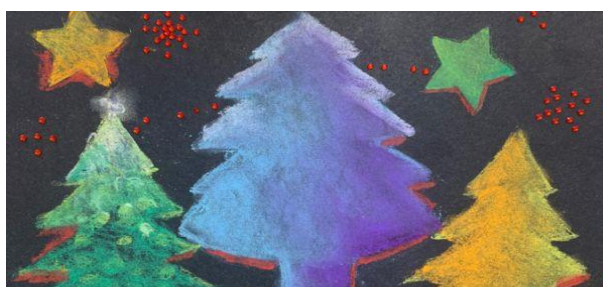
a huge impact on patients, families, carers and teams across Oxfordshire, Buckinghamshire, Wiltshire, Swindon and Bath and North East Somerset.

If you would like to get involved, visit the Oxford Health Charity volunteering opportunities website.

[Website: Volunteering with Oxford Health Charity](#)

### **Christmas Cheer Appeal**

Oxford Health Charity has launched their Christmas Cheer Appeal – it might feel early but with six months to go, but they are eager to ensure they can bring Christmas to the wards across the Trust again this December.



[Website: Oxford Health Charity Christmas Cheer Appeal](#)



## **Rock Choir Oxfordshire rocked Witney Community Hospital and supported the Oxford Health Charity**

A strong group of 108 singers from the fantastic Rock Choir Oxfordshire embarked on a mystery bus tour and where excited to see where their journey was going to take them.

Throughout the day, the choir visited Millets Farm, Oxford Castle & Prison, DISH in Harwell and our very own Witney Community Hospital where they performed for patients and staff while raising money for Oxford Health Charity.

[Website: Rock Choir Oxfordshire rocked Witney Community Hospital](#)

## **Thank you from Oxford Health Charity**

A huge thank you to all those who took part in the Blenheim 7k and Bike Oxford this year. The funds you have raised will be going to a variety of services across the Trust and will make a difference to patients, carers and staff.

[Website: Oxford Health Charity](#)



## **Trust colleagues joined together for World Parkinson's Day**

This year, our colleagues from the Physical Disability Physiotherapy Service and the Adult Speech and Language Therapy team chose to mark the day by running a joint event – offering self-management skills, advice, and

community information to some of those currently on their department waiting lists who are living with Parkinson's.

[Website: Celebrating World Parkinson's Day](#)

### **Trust Board update**

Board members met on 22 May and discussed the Trust's financial plans in the Buckinghamshire, Oxfordshire, and Berkshire West (BOB) Integrated Care System and heard from a parent around her son's experience of crisis and inpatient care in Aylesbury.

[Website: Trust Board papers](#)

### **Council of Governor's update**

On 12 June, the Council of Governors met in person at the Whiteleaf Centre in Aylesbury, the first meeting following the recent governor elections. The meeting received updates from the Chair, the Chief Executive, and the Lead Governor on their recent work. Governors also heard presentations and held discussions on early intervention in psychosis services and the Oxfordshire community services transformation programme, including the results from the NHS staff survey.

[Website: Council of Governor's papers](#)

## **Upcoming Meetings**

### **Board of Directors**

Wednesday 24 July from 9am to 12:30pm, at the Whiteleaf Centre, Aylesbury. Papers will be published before the meeting on the Trust website.

[Website: Board papers](#)

### **Annual General & Members Meeting**

Tuesday 10 September at 6pm at the Didcot Civic Hall in Didcot. Papers will be published before the meeting on the Trust website.

[Website: Annual General Meeting & Members papers](#)

To unsubscribe click [here](#).