

ICIQ-FLUTS 08/04

CONFIDENTIAL



Urinary symptoms

Many people experience urinary symptoms some of the time. We are trying to find out how many people experience urinary symptoms, and how much they bother them. We would be grateful if you could answer the following questions, thinking about how you have been, on average, over the <u>PAST FOUR</u> <u>WEEKS</u>.

 1. Please write in your date of birth:
 DAY
 MONTH
 YEAR

| 2a. | During the night, ho | w ma | any ti | mes | do y | ou ha | ave t | o get | t up t | o uriı | nate, on ave | erage? | |
|-----|--|------|--------|-----|--------|---------|-------|--------|--------|--------|------------------------|--------|---|
| | | | | | | | | | | | | none | 0 |
| | | | | | | | | | | | | one | 1 |
| | | | | | | | | | | | | two | 2 |
| | | | | | | | | | | | | three | 3 |
| | | | | | | | | | | | four or | r more | 4 |
| 2b. | How much does this Please ring a number | | | | t at a | ll) and | d 10 | (a gre | eat de | eal) | | | |
| | 0 not at all | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 a great d | eal | |

| 3a. | Do you have a sudd | en ne | ed to | o rus | h to | the t | oilet | to ur | rinate | ? | | |
|-----|--|-------|-------|-------|--------|--------|-------|-------|--------|------|---------------------------|---|
| | - | | | | | | | | | | never | 0 |
| | | | | | | | | | | | occasionally | 1 |
| | | | | | | | | | | | sometimes | 2 |
| | | | | | | | | | | | most of the time | 3 |
| | | | | | | | | | | | all of the time | 4 |
| 3b. | How much does this Please ring a number | | | | t at a | ll) an | d 10 | (a gr | eat de | eal) | | |
| | 0 not at all | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 a great deal | |

| 4a. | Do you have pain in | your | ' blad | der? | • | | | | | | |
|-----|--|------|--------|------|--------|--------|------|-------|--------|------|---------------------------|
| | | | | | | | | | | | never 0 |
| | | | | | | | | | | | occasionally 1 |
| | | | | | | | | | | | sometimes 2 |
| | | | | | | | | | | | most of the time 3 |
| | | | | | | | | | | | all of the time 4 |
| 4b. | How much does this Please ring a number | | - | | t at a | ll) an | d 10 | (a gr | eat de | eal) | |
| | 0 not at all | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 a great deal |

| 5a. | How often do you pass urine during the day? | |
|-----|--|--------------------|
| | | 1 to 6 times 0 |
| | | 7 to 8 times 1 |
| | | 9 to 10 times 2 |
| | | 11 to 12 times 3 |
| | | 13 or more times 4 |
| 5b. | How much does this bother you? | |
| | Please ring a number between 0 (not at all) and 10 (a great deal) | |
| | 0 1 2 3 4 5 6 7 8 9 | 10 |
| | not at all | a great deal |
| | | [] |
| | F score: su | ım scores 2a-5a |
| 0- | | |
| 6a. | Is there a delay before you can start to urinate? | never 0 |
| | | occasionally 1 |
| | | sometimes 2 |
| | | |
| | | |
| 6b. | How much does this bother you? | all of the time 4 |
| 00. | Please ring a number between 0 (not at all) and 10 (a great deal) | |
| | 0 1 2 3 4 5 6 7 8 9 | 10 |
| | not at all | a great deal |
| | | |
| 7a. | Do you have to strain to <u>urinate</u> ? | |
| | | |
| | | occasionally1 |
| | | sometimes 2 |
| | | most of the time 3 |
| | | all of the time 4 |
| 7b. | How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | |
| | i lease fing a futfiber between 0 (flot at all) and 10 (a great deal) | |

0 1 2 3 4 5 6 7 8 9 **10**

a great deal

not at all

| 8a. | Do you stop and start m | ore than c | once v | vhile | you | urin | ate? | | |
|------|--|------------|----------|--------|-------|-------|--------|-------|----------------------|
| | | | | | | | | | never 0 |
| | | | | | | | | | occasionally1 |
| | | | | | | | | | sometimes 2 |
| | | | | | | | | | most of the time 3 |
| 8b. | How much does this bo | thor you? | | | | | | | all of the time 4 |
| 00. | Please ring a number bet | | ot at al | l) and | d 10 | (a gr | eat de | eal) | |
| | 0 1 | 2 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | not at all | | | | | | | | a great deal |
| | | | | | , | / scr | nre' s | um s | cores 6a+7a+8a |
| | | | | | | 000 | 10.0 | uni 5 | |
| 9a. | Does urine leak before y | /ou can ge | et to tl | he to | ilet? |) | | | |
| | | | | | | | | | never 0 |
| | | | | | | | | | occasionally1 |
| | | | | | | | | | sometimes 2 |
| | | | | | | | | | most of the time 3 |
| 9b. | How much doop this has | than you? | | | | | | | all of the time 4 |
| 50. | How much does this both Please ring a number beth | | ot at al | l) and | d 10 | (a gr | eat de | eal) | |
| | 0 1 | 2 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | not at all | | | | | | | | a great deal |
| | | | | | | | | | |
| 10a. | How often do you leak u | irine? | | | | | | | never 0 |
| | | | | | | | | onc | e or less per week |
| | | | | | | | two | | ee times per week 2 |
| | | | | | | | | | once per day 3 |
| | | | | | | | | Sev | eral times per day 4 |
| 10b. | How much does this bo | | | | | | | | |
| | Please ring a number bet | | ot at al | | | (a gr | eat de | eal) | |
| | 0 1 | 2 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 a great deal |
| | not at all | | | | | | | | a great deal |

| 11a. | Does urine leak wher | n you | are ph | ysical | ly act | tive, | exer | t you | rself, | cough or sneeze? |
|------|--|-------|--------|--------|---------|-------|--------|--------|--------|---------------------------|
| | | | | | | | | | | never 0 |
| | | | | | | | | | | occasionally 1 |
| | | | | | | | | | | sometimes 2 |
| | | | | | | | | | | most of the time 3 |
| | | | | | | | | | | all of the time 4 |
| 11b. | How much does this Please ring a number l | | • | | ll) and | d 10 | (a gre | eat de | eal) | |
| | 0 not at all | 1 | 23 | 4 | 5 | 6 | 7 | 8 | 9 | 10 a great deal |

| 12a. | Do you ever leak urine for no obvious reason and without feeling that you want to go? | | | | | | | | | | |
|------|---|-------|---|-------|--------|--------|------|--------|--------|------|--------------------|
| | - | | | | | | | | | | never 0 |
| | | | | | | | | | | | occasionally 1 |
| | | | | | | | | | | | sometimes 2 |
| | | | | | | | | | | | most of the time 3 |
| | | | | | | | | | | | all of the time 4 |
| 12b. | How much does this Please ring a number | | - | | t at a | ll) an | d 10 | (a gre | eat de | eal) | |
| | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | not at all | | | | | | | | | | a great deal |
| | | | | | | | | | | | |
| 13a | Do vou leak urine w | nen v | | re as | leen | ? | | | | | |

| isa. | Do you leak utilie w | men j | you a | ile a: | sieeh | | | | | | |
|------|--|-------|-------|--------|-------|---|---|---|---|---|--------------------|
| | | | | | | | | | | | never 0 |
| | | | | | | | | | | | occasionally 1 |
| | | | | | | | | | | | sometimes 2 |
| | | | | | | | | | | | most of the time 3 |
| | | | | | | | | | | | all of the time 4 |
| 13b. | b. How much does this bother you? Please ring a number between 0 (not at all) and 10 (a great deal) | | | | | | | | | | |
| | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | not at all | | | | | | | | | | a great deal |

l score: sum scores9a-13a

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Thank you very much for answering these questions.