

Reshaping Clinical Care in General Practice – 3rd February 2017

[Covering [dementia](#), [long term conditions](#), [older people](#), [integrated care](#), [safeguarding](#)]

Dementia

A randomized pilot trial of a telephone-based collaborative care management program for caregivers of individuals with dementia

Mavandadi, Shahrzad et al Psychological Services, Feb 2017 14(1): 102-111

Findings suggest that CGs of veterans with dementia may benefit from a telephone delivered, care management program in improving CG-related outcomes.

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Person-Centered Primary Care Strategies for Assessment of and Intervention for Aggressive Behaviors in Dementia.

Desai, Anand et al Journal of Gerontological Nursing; Feb 2017,43 (2): 9-17

Includes guidelines that take outpatient providers through the steps needed to provide effective treatment for aggression in individuals with dementia.

[Available with an NHS Open Athens password for eligible users](#)

Living Alone With Cognitive Impairment.

Gibson, Allison K; Richardson, Virginia E, American journal of Alzheimer's disease and other dementias, Feb 2017,32(1):56-62

Study results indicated that the majority of persons living with CI were older, widowed females who were not diagnosed with Alzheimer's or dementia but tested positive on cognitive screening measures.

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General practitioners' perceptions of the barriers and solutions to good-quality palliative care in dementia.

Carter, Gillian, van der Steen, Jenny T., et al Dementia; Jan 2017,16(1): 79-95

Barriers were perceived to be: dementia knowledge deficit (healthcare staff and the public); resource shortfall (GP practice and community); poor team coordination alongside inappropriate dementia care provision and disagreements from and within families.

Clinical practice with anti-dementia drugs: a revised (third) consensus statement from British Association for Psychopharmacology.

January 2017

Source: British Association for Psychopharmacology

Covers diagnosis of dementia, treatment with anti-dementia drugs, management in primary and secondary care, and prevention.

Redesigning a Memory Service the Devon way – Professor Alistair Burns and Colm Owens

19th January 2017

Source: NHS England

NHS England's National Clinical Director for Dementia and a Devon-based consultant psychiatrist review impressive changes to dementia diagnosis and care in the West Country

Our Dementia, Our Rights.

December 2016

Source: *The Dementia Policy Think Tank & Innovations in Dementia*

This guide brings together the facts about some of the key rights relating to dementia in the UK.

NICE in drive for faster access to Alzheimer's disease drugs

6th January 2017

Source: NICE

NICE is taking part in a European project, ROADMAP, to speed up the development of new drugs to treat Alzheimer's disease.

Diagnostic Value of a Tablet-Based Drawing Task for Discrimination of Patients in the Early Course of Alzheimer's Disease from Healthy Individuals

Muller S. et al *Journal of Alzheimer's Disease*; 2017;55(4):1463-1469

Modern digitizing devices offer the opportunity to measure a broad range of visuoconstructive abilities that may be used as a fast and easy to perform screening instrument for the early detection of cognitive impairment and dementia in primary care.

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The Use of Motion-Based Technology for People Living With Dementia or Mild Cognitive Impairment: A Literature Review

Erica Dove, Arlene J Astell *J Med Internet Res* 2017 (Jan 11); 19(1):e3

The study aimed to identify and synthesize the current literature involving the use of motion-based technology for people living with dementia or MCI.

Integrated Care

Integrating health and social care across the UK: toolkit for nurses.

Royal College of Nursing (RCN); 2017.

Toolkit for RCN members working in strategic decision-making roles or involved in forums around integrated care. Includes themed prompt questions for reflection and action.

Improving patient flow of people with rheumatoid arthritis has the potential to simultaneously improve health outcomes and reduce direct costs

Puchner R., et al. *BMC Musculoskeletal Dis.*; Jan 2017 vol.18 (1)

Study aims to assess whether an improvement in the interdisciplinary management of rheumatoid arthritis (RA) has the potential to simultaneously improve health outcomes and reduce costs.

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Making key shifts to personal care

5th January 2017

Source: NHS England

Jo Hooper, Operations Manager in Hampshire, which is a demonstrator site for the Integrated Personal Commissioning Program, discusses progress being made in designing flexible care packages which minimise the impact of transition from child to adult services in health & social care.

Oxfordshire Transformation Public Consultation begins

16th January 2017

Source: Oxfordshire CCG

Oxfordshire CCG has week launched the first part of a two-part public consultation process on proposed service changes, based on proposals developed as part of the Oxfordshire Transformation Programme. The first phase runs for three months from 16 January 2017.

[Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020](#)

20th January 2017

Source: NHS England

The National Palliative and End of Life Care Partnership comprised of NHS England, the Association of Adult Social Services, and various patient and professional groups has developed a framework for action in making palliative and end of life care a priority at local level.

[Allied Health Professions into Action: Using Allied Health Professionals to transform health, care and wellbeing, 2016/17 - 2020/21](#)

20th January 2017

Source: NHS England

Aimed at leaders and decision makers, this is intended to help leaders understand the potential and role of AHPs within the health, social and wider care system.

Long-Term Conditions

[including Cancer, Diabetes, and general management]

[Health Matters: Combating high blood pressure](#)

24th January 2017

Source: PHE

Dubbed the “silent killer” as it rarely causes symptoms, high blood pressure is the biggest risk factor for cardiovascular disease and contributes to half of all strokes and heart attacks.

A collaborative care team to integrate behavioral health care and treatment of poorly-controlled type 2 diabetes in an urban safety net primary care clinic

Chwastiak, L.A., et al., Gen. Hosp. Psych.; Jan 2017; 44 :10-15

The study aimed to examine relationships among team dynamics, primary care provider (PCP) clinical work satisfaction, and patient care coordination between PCPs in 18 Harvard-affiliated primary care practices participating in Harvard's Academic Innovations Collaborative.

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Pathways for the relationship between diabetes distress, depression, fatalism and glycemic control in adults with type 2 diabetes

Asuzu C.C., et al. J. Diabetes and its Complications; Jan 2017;31 (1):169-174

Study aimed to examine the mechanism by which depressive symptoms, diabetes distress, and diabetes fatalism together influence diabetes outcomes using structured equation modeling.

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Attending to power differentials: How NP-led group medical visits can influence the management of chronic conditions

Housden, Laura, et al. Health expectations : an international journal of public participation in health care and health policy; Jan 2017

In Canada, nurse practitioner (NP)-led Group Medical Visits (GMVs) provide an opportunity to examine barriers and enablers to implementing the NP GMV innovation in primary care.

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[Improving Care for People with Long Term Conditions](#)

Royal Pharmaceutical Society Scotland Dec 2016

Pharmacist led care of people with LTCs may yield better results and greater cost efficiency. Focuses on the role of the pharmacist as part of a multidisciplinary approach in providing highest quality care and support for people with LTCs.

Barriers and facilitators influencing self-management among COPD patients: A mixed methods exploration in primary and affiliated specialist care

Hillebrecht C.F., et al. *Int. J. of COPD; Jan 2017; 12: 123-133*

This study investigates the complex interaction of patient, provider, and healthcare system in implementing self-management in order to inform development of self-management interventions.

Older people

[Association between continuity of care in general practice and hospital admissions for ambulatory care sensitive conditions: cross sectional study of routinely collected, person level data](#)

1st February 2017

BMJ 2017; 356: j84

Strategies that improve the continuity of care in general practice may reduce secondary care costs, particularly for the heaviest users of healthcare. Promoting continuity might also improve the experience of patients and those working in general practice.

[Jo Cox Commission on Loneliness](#)

Jo Cox Commission; Jan 2017

The Jo Cox Commission on Loneliness will work to address the impact loneliness has on so many different sections of society. It will focus on the positive action we can all take to recognise it, build connections and help ourselves and/or others.

[Falls in older people](#)

January 2017

Source: NICE

The guidance has been updated to highlight the importance of routine appointments with family doctors, at hospital, or during home visits by social care workers, as they can help to prevent falls, disability and loss of independence.

Dietary patterns explaining differences in bone mineral density and hip structure in the elderly: The Rotterdam study

De Jonge E.A.L., Kiefte-De Jong J.C., Hofman A. et al, *American Journal of Clinical Nutrition, Jan 2017; 105(1):203-211*

Fruit, vegetables and dairy pattern might be associated with lower fracture risk because of high BMD, high bending strength, and more stable bones. Sweets, animal fat and low meat pattern might be associated with higher fracture risk because of widened, unstable bones, independently of BMD.

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Effectiveness of Occupational Therapy Interventions for Adults with Musculoskeletal Conditions of the Forearm, Wrist and Hand: A Systematic Review.

Roll SC. American Journal of Occupational Therapy December 2016;71(1):7101180010p1-7101180010p12.

The strongest evidence supports postsurgical early active motion protocols and splinting for various conditions. Very few studies have examined occupation-based interventions. Implications for occupational therapy practice and research are provided.

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Garden visiting as a meaningful occupation for people in later life.

Leaver R. British Journal of Occupational Therapy 2016;79(12):768 - 775.

Garden visiting is a complex occupation which brings far-reaching benefits to individuals and communities. Garden visiting also has important implications for increasing wellbeing by grounding people in the present and promoting sensory engagement.

Better transfers of care for older people

12th January 2017

Source: King's Fund

This upcoming event on 21st February, will explore new ways of ensuring older people experience a safe, appropriate and timely discharge from hospital that is right for them and their health needs.

No one should have no one: working to end loneliness amongst older people

Mortimer, Jill, Age UK. December 2016

This report warns that loneliness leads to an increased demand on health services and outlines the early findings of a pilot programme that takes a community-based approach to tackling loneliness.

Safeguarding

Safeguarding Children in a Digital World

Leading experts on safeguarding children online will provide an all-round grasp of the principal dangers, and equip you with the understanding, skills and confidence to enable children and young people to stay safe.

Conference, London, 29th March 2017.

NHS health service for GPs opens across England

30th January 2017

NHS GP Health Service

The world's first dedicated health service for GPs is now live, offering free, confidential help for GPs and GP trainees.

Preventing suicide in England: Third progress report of the cross-government outcomes strategy to save lives

HM Government

Jan 2017

Progress report details activity across England to reduce deaths by suicide in the year ending March 2016. Updates in this report will help to meet the recommendations of the *NHS five year forward view for mental health* relevant to suicide prevention.

[Effects of control interventions on Clostridium difficile infection in England: an observational study](#)

Dingle, Katie E., et al.,

Lancet Inf Di; Jan 2017

Restricting fluoroquinolone prescribing appears to explain the decline in incidence of *C difficile* infections, above other measures, in Oxfordshire and Leeds, England. Antimicrobial stewardship should be a central component of *C difficile* infection control programmes.

[LGBT+ Mental Health](#)

London Assembly Health Committee

Feb 2017

Report of an investigation held to better understand the mental health needs of LGBT+ people, who are known to be more likely to face mental health issues compared to the general population. The report also identifies steps which could be taken to help improve their access to mental health care.

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