Oxford Health
NHS Foundation Trust

Library Newsletter

Intelligence Insider – September 2026

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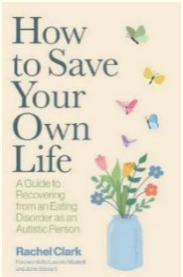
Skills for Life book club 3

Final Author Talk with Rachel Clark



Following two highly successful and engaging sessions, Oxford Health Libraries are delighted to invite staff to the **third and final author talk with Rachel Clark**, author of ***How to Save Your Own Life: A Guide to Recovering from an Eating Disorder as an Autistic Person***.

Thursday 8th October **Littlemore** Library 12:00–13:00



This inspiring talk will explore themes of neurodiversity, eating disorders, recovery, and the importance of personalised support. Whether you have attended the previous sessions or are joining for the first time, this is a valuable opportunity to hear directly from an author whose work is helping to shape understanding and practice in this field.

Copies of the book are available through Oxford Health Libraries, and an eBook version is also available for those who would like to read it ahead of the talk.

Let us know if you will be attending

BMJ Best Practice: First-Time Login Using Your NHS Email

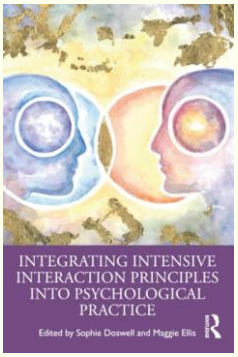
BMJ Best Practice have launched an additional login method for NHS user who do not currently have a BMJ Best Practice account to simplify the authentication process.

New users can now log in instantly using their NHS email. If you already have a BMJ Best Practice account please continue to use your existing credentials, this is not a replacement for NHS OpenAthens. Instruction can be found here.

Please contact us at library.enquiries@oxfordhealth.nhs.uk if you have any questions.

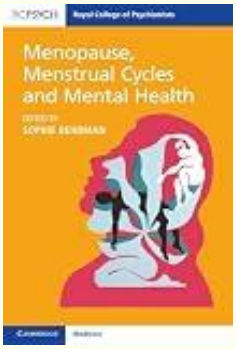


New Oxford Health authored books



Doswell, S. & Ellis, M. (eds.) (2026) ***Integrating intensive interaction principles into psychological practice***. Abingdon: Routledge.

Copy at Littlemore Library, shelfmark WM877.



Behrman, S. (2026) ***Menopause, menstrual cycles and mental health***. Cambridge: Cambridge University Press.

Copies at Warneford and Whiteleaf Libraries, shelfmark WP640.



Abdul Saboor Functional Skills Tutor

New Staff Book Clubs Launch – A Collaboration with Skills for Life

We are delighted to announce the launch of two new Staff Book Clubs, developed by the **Skills for Life (Functional Skills)** team within L&D, with generous funding from the **EDI team** and **Oxford Health Charity**.

These clubs aim to:

- Build vocabulary and confidence for English learners
- Improve fluency through relaxed, supportive discussion
- Create opportunities for staff across the Trust to connect
- Support our EDI goals of fostering good relations between people from all backgrounds

The Two Clubs:

"Together in English: Staff Book Club" Lower-level English learners

"Between the Lines" Higher-level learners and native speakers

What's involved?

- Free books provided (e-books and audiobooks available)
- Monthly or bi-monthly meetings (to be decided based on interest)
- Guided discussions with a friendly, relaxed approach
- A welcoming space for all staff

We are currently gauging interest. Please share the following link with your teams, students, and anyone who might benefit:

📌 **Sign up here:** https://forms.cloud.microsoft/e/ViJJgK4DFk

Contact: For more information, please contact the **Functional Skills Team** at functionalskills@oxfordhealth.nhs.uk

Contact us

Require an article or a book? Want to learn how to perform a quicker and more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field of interest? Contact us.