Oxford Health
NHS Foundation Trust

Library Newsletter

Intelligence Insider – February 2026

In this edition

Getting to know your library.....1

CINAHL *Ultimate* for nurses 2

Books published by Oxford Health staff.....3

Getting to Know Your Library



Tiziana Fiorito
Assistant Librarian

In our last newsletter, we introduced **Getting to Know Your Library**, a new series designed to bring the library even closer to its users.

We were delighted to receive the first question through our **"I'd like to know"** form thank you for taking the time to reach out and tell us what matters to you!

This month's question: *What is OpenAthens and why should I have it?*

OpenAthens is an authentication tool to access the digital collection of journals, eBooks and databases provided by the Oxford Health libraries and NHS England. Oxford Health staff and students, and Primary Care staff in Oxfordshire, can sign up for an OpenAthens account , after joining the library.

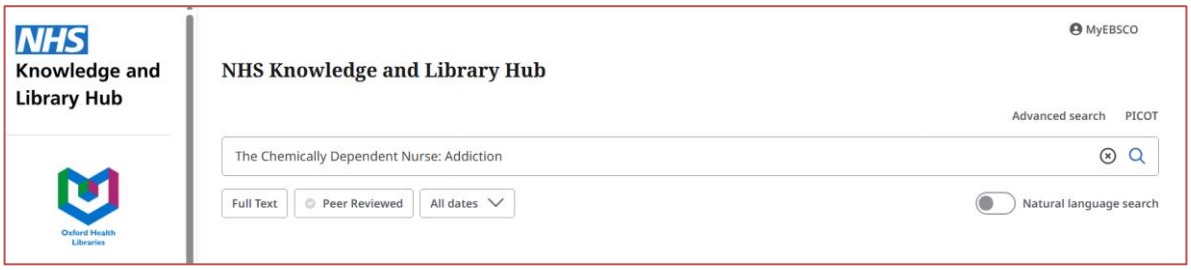
Once you have registered, your OpenAthens username and password will unlock all the digital resources that the library subscribes to. Whether you are searching the NHS Knowledge and Library Hub, reviewing the current awareness alerts supplied by KnowledgeShare, or wanting to consult BMJ Best Practice or the Maudsley Prescribing Guidelines, OpenAthens will provide you with the key to access them.

CINAHL *Ultimate*: A trusted Resource for Nursing Professionals

CINAHL *Ultimate* is the definitive resource for nursing and allied health research, now offering two powerful components: **full text access to the most widely used journals** across more than 50 nursing specialties, and a **dedicated library of nursing instruction videos** designed to support clinical skills and professional development. It also provides valuable tools such as Quick Lessons, Evidence Based Care Sheets, Continuing Education modules, and research instruments.

To access the videos:

Videos are listed **here**. Once you find the one you want to watch, simply copy and paste the title into the **NHS Knowledge and Library Hub** search bar. Make sure you're signed in with your **OpenAthens account** before searching:



Then scroll to the bottom of the page of results - you'll find the videos there:



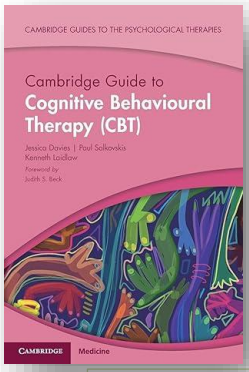
If you need any help with your search our **library team** will be happy to help.



Two 30-minute discussion sessions near **International Women's Day**: **11 March at 1pm and 19 March at 1.30pm**

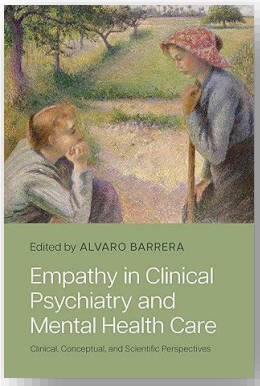
Pick your favourite date or both here!

Recently Published by OHFT Authors



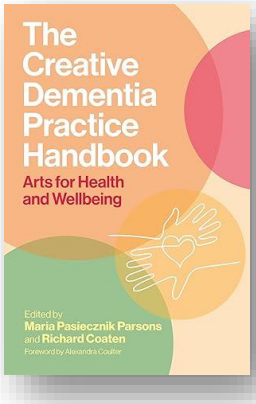
Davies, J., Salkovskis, P. & Laidlaw, K. (2025) ***Cambridge guide to cognitive behavioural therapy (CBT)***. Cambridge: Cambridge University Press.

Copies at Warneford and Whiteleaf Libraries. Shelfmark: WM505 DAV



Barrera, A. (ed.) (2026) ***Empathy in clinical psychiatry and mental health care: clinical, conceptual and scientific perspectives***. Oxford: Oxford University Press.

Copy at Warneford Library. Shelfmark: WM62 BAR



Pasiecznik Parsons, M. & Coaten, R. (eds.) (2026) ***The creative dementia practice handbook: arts for health and wellbeing***. London: Jessica Kingsley Publishers.

Copy at Whiteleaf Library. Shelfmark: WM600 PAS

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