



INTELLIGENCE INSIDER

Your Oxford Health Libraries' monthly newsletter

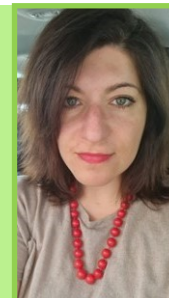
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Latest from the library

Welcome to the latest edition of our library newsletter! We're thrilled to have you with us as we explore the wonderful world of our libraries and beyond.

Since the last survey we have explored and answered all your feedback, with only one item remaining - promoting more of our libraries and services in the different sites. We are happy to announce that from now on, you can find our poster at **Unipart, 5th floor**, close to the corridor at the left-hand side of the reception.



Laura Nunzi
Senior Library Assistant

All you need is your mobile phone to scan the QR code corresponding to the service you are interested in. Of course, those are just some of the most popular one, for all the rest please have a look to our [website](#).

A year ago, we started the [Women Support Group Book Club](#), a spin-off of the most popular [Women's Staff Support Group](#), led by **Bertha Calles Cartas** and **Mireia Ruiz Soley**, committed to exploring unique female perspectives, and supporting women's voices in a safe and inclusive space. To date, the group has more than 30 participants, many of whom joined by word of mouth – still by far the best marketing vehicle in the world!

We invite you to join us for our upcoming book club meeting (5th or 13th March) or simply drop by to discover our next great read. Your feedback is always welcome!

I also remind you of our existing Book Clubs - **Autistic Voices Book Club**, and **Oxford Health Staff Book Club** – open to anyone within the Trust, please drop us an [email](#), if you are interest to join any of them!

In this issue, we welcome **Nicole Foster and Sarah Thomas**, the Learning and Development Leads of **MHWP**. Please scroll down to discover their invaluable contributions to the newsletter, and more significantly, to the course they are leading. Their dedication and expertise have been instrumental in shaping the success of our programme.

New **Library drop-in sessions** at Unipart! Please pick your favourite!

Let's embark on this literary journey together and make the most all the wonderful resources our library has to offer!

New drop-in session dates

We have 3 library drop-in dates at **Unipart 4th Floor** for L&D staff and students this term:

Thursday 6th March (Katie, 12.30-2:30)

Friday 14th March (Katie, 10:30-1:30)

Tuesday 18th March (Fiona, 12-1:30)





Nicole Foster
Learning and Development
Lead - MHWP Programme

MHWP Programme



Sarah Thomas
Learning and Development
Lead - MHWP programme

Nicole Foster and **Sarah Thomas** are the Learning and Development Leads for the **Mental Health and Wellbeing Practitioner (MHWP)** course, working alongside Programme Manager Emma Corless. The course is delivered over 12-months in partnership with Buckinghamshire New University, providing students with the skills and knowledge needed to qualify as Mental Health and Wellbeing Practitioners. The course is designed to equip students with both academic and clinical competencies, preparing them for roles in secondary care services, such as Community Mental Health Teams. The MHWP role was established in 2022 to increase access to early support for patients with severe mental health difficulties, which the MHWPs support by offering care planning and delivering seven psychological interventions including Recognising and Managing Emotions and Behavioural Activation.

The MHWP course is currently in its 5th cohort, with students enrolled in either the Level 6 Graduate pathway or the Level 7 Post-graduate pathway. The course covers a large geographical area, and therefore the training is delivered mainly online. The course provides high-quality training for individuals who go on to work in vital roles within mental health services across the country. The course was accredited by the British Psychological Society in August 2024.

Graduates of the MHWP course have successfully secured qualified roles in mental health services, contributing to patients' mental health recovery. Previous students are invited back to meet the new cohorts to share their experiences with current students, providing valuable insights into how the training has helped them transition into their professional roles.

The Trust Library team plays a crucial role in supporting the learners during the course. They participate in student inductions, introducing learners to a range of platforms and support options. The collaboration ensures students have access to the best resources for both academic and clinical learning. The library team is proactive in adapting to the evolving needs of the programme, and a new training session was trialled in January to help students with their final assignments which was well received.




Feedback from both staff and students has been positive regarding the Library's support. Their proactive approach and continuous collaboration with the Learning and Development department have enhanced the learning experience for students. The programme team look forward to continuing to work with the Library team and exploring new initiatives that will further support student success.

"I found the one-to-one library support sessions very tailored and supportive; I felt that the lovely staff went above and beyond in ensuring my access to the right resources for my course. It is really nice (and also pretty important) that I always feel like I can ask 'silly' questions and get a helpful response." M.CJ (Cohort 5 student) Trainee Mental Health and Wellbeing Practitioner (MHWP), Wokingham CMHT, Berkshire Healthcare NHS Foundation Trust.

For further information please contact MHWP@oxfordhealth.nhs.uk and please look at the intranet pages [Mental Health and Wellbeing Practitioner Programme](#).



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