

The e-books selected by Oxford Health Libraries as our e-books of the month for January are as follows (click on the image to access):



A therapeutic treasure box for working with children and adolescents with developmental trauma : creative techniques and activities

2017

Karen Treisman.

ISBN: 9781785922633 ISBN: 9781784505530



OCD - tools to help you fight back! : a CBT workbook for young people

2018

Cynthia Turner, Georgina Krebs and Chloe Volz. ISBN: 9781849054027 ISBN: 9780857007704 Classmark: WM172.5 Classmark: WS765

✓ Electronic Book



OCD: tools to help young people fight back! a CBT manual for therapists

2018

Cynthia Turner, Chloë Volz, Georgina Krebs; illustrated by Lisa Jo Robinson.

ISBN: 9781849054034 ISBN: 9780857007711 Classmark: WM172.5 Classmark: WS765

✓ Electronic Book



The Frith prescribing guidelines for people with intellectual disability

Fourth edition. 2025

Edited by David M.L. Branford [and three others]. ISBN: 9781009430722 ISBN: 9781009430739

Classmark: WM402

✓ Electronic Book



Trauma-informed approaches to eating disorders

Second edition. 2025

Andrew Seubert, Pam Virdi, editors.

ISBN: 9780826147974 ISBN: 9780826147981

Classmark: WM175

✓ Electronic Book

You can access e-books via either of these options (displayed under the book details): Click here — Oxford Health and primary care and ICB staff and students or Click here — all health and social care staff and students in the South.