



## Health Literacy and misinformation resource list

### 1. Misinformation, disinformation and finding trusted information – resources for the public

- The World Health Organization (WHO) provides tips for spotting misinformation and disinformation: [who.int/news-room/spotlight/let-s-flatten-the-infodemic-curve](https://www.who.int/news-room/spotlight/let-s-flatten-the-infodemic-curve)
- The PIF TICK website has one-page posters which are free to view and download on topics including false health information warning signs and what to look for in trusted health information: [piftick.org.uk/finding-trusted-health-information/tips-and-guides/](https://piftick.org.uk/finding-trusted-health-information/tips-and-guides/)
- Independent Age offers advice on managing your health online: [independentage.org/get-advice/health-and-care/living-long-term-health-conditions/how-to-find-reliable-health](https://independentage.org/get-advice/health-and-care/living-long-term-health-conditions/how-to-find-reliable-health)
- The Patient Information Forum has a series of videos to help the public spot misinformation: [youtube.com/playlist?list=PLhwf1Nw8\\_AfppzwTLaHohAiobfJ0QGj8H](https://www.youtube.com/playlist?list=PLhwf1Nw8_AfppzwTLaHohAiobfJ0QGj8H)
- The WHO Kahoot! Quiz aims to help people identify the red flags of misinformation: [create.kahoot.it/details/83d8153f-2714-4970-aeed-e28e2d248457](https://create.kahoot.it/details/83d8153f-2714-4970-aeed-e28e2d248457)

### 2. Resources for healthcare professionals, librarians and information producers

- The NHS has a Health Literacy Toolkit with information on health and digital literacy and practical tips: [library.nhs.uk/wp-content/uploads/sites/4/2023/06/Health-Literacy-Toolkit.pdf](https://library.nhs.uk/wp-content/uploads/sites/4/2023/06/Health-Literacy-Toolkit.pdf)
- The National Institute for Health and Care Research (NIHR) evidence collection on health literacy makes the case for improving patient information. It also includes tips on how to make sure everyone can understand the information they are given: [evidence.nihr.ac.uk/collection/health-information-are-you-getting-your-message-across/](https://evidence.nihr.ac.uk/collection/health-information-are-you-getting-your-message-across/)



- The Patient Information Forum (PIF)'s Health Literacy Matters poster includes data to help you make the case for health-literacy friendly materials: [pifonline.org.uk/resources/posters/health-literacy-matters-infographic/](https://pifonline.org.uk/resources/posters/health-literacy-matters-infographic/)
- Libraries Connected offers online learning modules as part of its work on media literacy and digital skills development: <https://lc.learningpool.com/course/index.php?categoryid=29>
- The Information Literacy Group website supports practitioners and researchers from around the world with an interest in information and digital literacy: [infolit.org.uk/](https://infolit.org.uk/)