# INTELLIGENCE INSIDER



Your Oxford Health Libraries monthly newsletter

#### In this issue,

- Tom Rogers, our new library Assistant
- Reading groups
- Easier access to PubMed articles

### Hello, my name is Bertha Alicia Calles Cartas

This is the last week of August; harvesting is ongoing and it is a good opportunity to celebrate what we have! The last few weeks of intense heat and drought have been a great challenge for many communities in the UK and in Europe. These events are so rare in this region that people have not developed the expertise to deal with these searing temperatures and water scarcity. Most people from parts of the world used to such hardship do not rely on air conditioning, for the same reason that many people in regions with hard winters struggle to have the heating on: the cost of running these



commodities. I remember, when I was a teenager, there was a period when having running water from the tap was not a given. Despite living in a prosperous city in Mexico, for some time water was so scarce that even money was not enough to get our tank filled and supply the building's flats were we lived. It was deeply unpleasant and worrying. We had to be creative and flexible and, most importantly, get together to manage to obtain water and make it last. From this I learnt that I can do a lot with very little. This experience, combined with the expertise I have developed as an information professional, has made me more resourceful. I have learned that library books are a resource available when you need to fix things, upcycle, learn a new language, retrain, entertain and connect. In the UK we are all entitled to them. For example, check the <u>electronic resources from Oxfordshire Library Service</u> where their users can access various subscriptions, including <u>Which magazine</u>.

Another example of how much we can do with very little is looking for "food surplus hubs" and <u>city farms.</u> As we are in the most productive part of Summer, with harvest happening everywhere, there is more food available. But a lot of this fresh produce, and of the surplus from businesses, ends up in the landfill. This is quite poignant, especially when there are many people in the UK that go to bed with an empty stomach. Organisations like <u>Wild Oxfordshire</u>, <u>Hubhub Community Fridges</u> and <u>Oxford City Farm</u> not only can provide you with surplus but also with opportunities to volunteer -always a positive thing to reconnect with the community.

Local larders and kitchens usually have cafés that help to socialise and to strengthen our social networks. Type in to your favourite search engine *Community larder* and the geographical area you are interested in. You will find results such as <u>Cherwell Larder</u>.

In this issue, **Tom Rogers** our new senior library assistant tell us about his background and how he is supporting users in his new role. **Mpilo Siwela** shows everything we have on offer to support your patients' wellbeing through reading and I will show you how to easily access to full texts using PubMed.



## Hello, my name is Tom Rogers

Tom Rogers Senior Library Assistant

My name is Tom Rogers and I recently started my role as a Senior Library Assistant, primarily based at the Warneford Hospital Library. I graduated with an English Literature degree last summer, and up until last month I was working as a Library Customer Service Assistant for Oxfordshire County Council.

This job certainly kept me well versed in how to deal with weird and wonderful requests from members of the public!

My first month here has been interesting; I have mostly felt like a sponge as I have soaked up that much information! There are differences between public and health libraries, and I am getting to know the processes and routines that help to run a smooth health library service. So far I have had the ongoing pleasure of creating library memberships for new starters - myself included! One of my favourite aspects of the role has been sourcing journal articles, books, or papers; nothing beats finding an obscure article in a dusty journal from 1980 to satisfy somebody's request! Overall, the team have made me feel very welcome and I look forward to the new challenges with which Iwill be faced.

Outside of work I like to keep active, and I enjoy playing many sports, particularly football. I also love to read and am an avid music lover, whether it be playing, singing, or listening.



## Patients reading groups



Assistant Manager and Outreach Librarian

Mpilo Siwela

The Reading Agency shows a <u>strong evidence</u> base around reading for health and wellbeing. Oxford Health Librarians can help your team with setting up patients' reading groups, and giving tips on how to run them

interactively. At Oxford Health libraries we can liaise with Public Libraries to source books (print and audio), DVDs, board games and reminiscence collections. If you are interested in setting up a patients reading group, why not contact Oxford Health Libraries for help and meet up with a librarian for more information. <u>Here</u> is the current list of books that can be sourced for the reading groups in multiple copies. You will also find a wish list form to complete and send to <u>library.enquiries@oxfordhealth.nhs.uk</u>





#### Easier access to full text via PubMed



Bertha Calles Cartas Outreach Librarian

Oxford Health and GPs' and practices in Oxfordshire now have easier access to full texts of academic articles via a special link. Instead of entering your OpenAccess credentials multiple times, you only need to click on the PubMed link in the Knowledge and Library Hub. You will find this under the *In-depth searching* heading. This is your special link to

PubMed. Once in the database, perform your search, and when you click on any article available to OHFT, you will see the full-text links options. Click on the "Get Full Text" button –the one with the flame icon and it will lead you to the full text. If you experience any difficulty, let us know. You can send us an email at <u>library.enquiries@oxfordhealth.nhs.uk</u> and the team will respond to you.

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