



Reshaping Clinical Care in General Practice – 8th December 2017

[Covering [dementia](#), [long term conditions](#), [older people](#), [integrated care](#), [safeguarding](#)]

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Dementia

[Study shows therapeutic impact of neighbourliness on dementia](#)

8th November 2017

University of Manchester

One of the first and largest studies to investigate how people living with dementia, and their partners, experience their local neighbourhoods.

Integrated Care

[Collaborative action for person-centred coordinated care \(P3C\): an approach to support the development of a comprehensive system-wide solution to fragmented care](#)

Helen M. Lloyd Mark Pearson Rod Sheaff et al.

Health Research Policy and Systems 2017 15:98

This paper presents an approach to the implementation of P3C using collaborative action, providing examples of early developments across this programme of work, the core aim of which is to accelerate the spread and adoption of P3C in United Kingdom primary care settings.

[Saving social care: a fair funding settlement for the future](#)

8th November 2017

Independent Age

Examines four options for the future of social care funding: means testing Winter Fuel Payments, scrapping the 'triple lock' on State Pensions, increasing NI contributions, and increasing inheritance tax. The report seeks to identify the most progressive and politically achievable option from this list.

[Flow in providers of community health services: good practice guidance](#)

November 2017

NHS Improvement

Good patient flow across health and social care systems is crucial for the NHS to run an effective and sustainable service. This report sets out nine measures that would help improve patient flow, which will lead to better clinical outcomes and increased capacity during the winter period.

[Review of Adult Social Care Complaints 2016/17](#)

November 2017

Local Government & Social Care Ombudsman

This report highlights the impact of an individual complaint in improving care services for others. Reviewing adult social care complaints over 2016/17, it finds that councils and care providers implemented more than 1,300 recommendations following individual complaints.



[Getting it Right for Children and Young People: Self assessment tool for general practice nurses and other first contact settings providing care for children and young people.](#)

Royal College of Nursing (RCN);2017.

The GP, general practice nurse, and registered nurses in first contact services, ie, walk-in centres/out-of-hours provision may be the first point of contact for families around health care issues. This toolkit will support nurses working outside of hospital settings in providing care to children and young people.

Freely available online

[Red2Green improvement tool.](#)

NHS Improvement; 2017.

The Red2Green improvement tool identifies wasted time in a patient's journey through hospital. By collecting and reporting ward-level data, the tool supports wards to reduce the number of 'red days' in favour of value-adding 'green days'. It can be used in acute and community settings and should be applied in conjunction with the SAFER patient flow bundle.

Freely available online

Long-Term Conditions

[including Cancer, Diabetes, and general management]

[Towards elimination of HIV transmission, AIDS and HIV-related deaths in the UK](#)

November 2017

Public Health England

Report finds that there has been a decline in new HIV diagnoses among gay, bisexual and other men who have sex with men in London and that there has been improvement in the early diagnosis of HIV.

The role of the Quality and Outcomes Framework in the care of long-term conditions: A systematic review.

Forbes L.J.L.; et al.

Brit. J. Gen. Pract.; Nov 2017; vol. 67 (no. 664)

Aims to examine the evidence that the QOF has improved quality of care for patients with longterm conditions, and concludes the NHS should consider more broadly what constitutes high-quality primary care for people with long-term conditions, and consider other ways of motivating primary care to deliver it.

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[Value of screening for and treating pre-diabetes is reduced by low test accuracy and indirect evidence of impact on patient important outcomes](#)

Alvarez-Villalobos N A.

Evidence-Based Medicine 2017;22(5):180-1.

The systematic review by Barry et al sought to evaluate the accuracy of screening and the efficacy of early intervention (lifestyle or metformin) to prevent type 2 diabetes

Available with an NHS OpenAthens password for eligible users



[Primary care-led weight management for remission of type 2 diabetes \(DiRECT\): an open-label, cluster-randomised trial](#)

Lean EJ et al.

The Lancet 5.12.2017 (Online first)

This study aimed to assess whether intensive weight management within routine primary care would achieve remission of type 2 diabetes. At 12 months, almost half of participants achieved remission to a non-diabetic state and off antidiabetic drugs. Remission of type 2 diabetes is a practical target for primary care.

Available with an NHS OpenAthens password for eligible users

Managing chronic oedema and wet legs in the community: a service evaluation.

Thomas, Melanie et al.

Nursing Standard; Nov 2017; vol. 32 (no. 11); p. 39-46

A lack of nurse education and standardised care pathways for this condition has been identified. This study concluded that the On the Ground Education Project (OGEP) may support the efficient use of community nurses' time and resources, reduce costs to the NHS, and improve the quality of life of patients with chronic oedema and wet legs.

Available with an NHS OpenAthens password for eligible users

[A systematic review of exercise systematic reviews in the cancer literature \(2005 to 2017\).](#)

Stout NL.

PM & R 2017;9(9 Suppl2):S347-S384.

Exercise promotes significant improvements in clinical, functional, and in some populations, survival outcomes and can be recommended regardless of the type of cancer. Although generally safe, patients should be screened and appropriate precautions taken. Efforts to strengthen uniformity in clinical trial reporting, develop clinical practice guidelines, and integrate exercise and rehabilitation services into the cancer delivery system are needed.

Available with an NHS OpenAthens password for eligible users

[Asthma: diagnosis, monitoring and chronic asthma management.](#)

National Institute for Health and Care Excellence (NICE);2017.

This guideline aims to improve the accuracy of diagnosis, help people to control their asthma and reduce the risk of asthma attacks. It does not cover managing severe asthma or acute asthma attacks. The investment and training required to implement the guideline will take time. In the meantime, primary care services should implement what they can of the recommendations, using currently available approaches to diagnosis until the infrastructure for objective testing is in place.

Freely available online

Older people

[Non-pharmacological treatment for depressed older patients in primary care: a systematic review and meta-analysis.](#)

Holvast F. *PLoS ONE* 2017;12(9):e0184666.

Late-life depression is most often treated in primary care, and it usually coincides with chronic somatic diseases. Given that antidepressants contribute to polypharmacy in these patients, and potentially to interactions with other drugs, non-pharmacological treatments are essential.



[Strategy and action plan for healthy ageing in Europe, 2012–2020.](#)

World Health Organisation Regional Office for Europe; 2017.

This guideline provides evidence-based guidance to health-care providers on the appropriate approaches at the community level to detect and manage important declines in physical and mental capacities, and to deliver interventions in support of caregivers.

[State of the Nation: an overview of older people and malnutrition in the UK today.](#)

Malnutrition Task Force; 2017.

This report focuses on the scale and challenges of malnutrition in later life in the UK. It brings together information, statistics and evidence from across the health and social care system to highlight what is happening to older people who are malnourished or at risk of malnutrition in England.

[Room to improve: the role of home adaptations in improving later life](#)

November 2017

Centre for Ageing Better

This report finds that making small changes to older people's homes, such as installing handrails, ramps and level-access showers, alongside carrying out simple home repairs, could play a significant role in relieving pressure on the NHS and social care and reduce costs by millions of pounds each year.

[Care homes market study: final report](#)

30th November 2017

Competition and Markets Authority

This report outlines the final findings of an extensive review into whether the residential care homes sector is working well for older people and their families.

[Accessibility and suitability of residential alcohol treatment for older adults](#)

4th December 2017

Alcohol Research UK

This report finds that of the 118 services listed on Public Health England's online directory of rehab services, (excluding those specifically for young people), 75 per cent stated that they had an upper age limit of between 50-90 years. By the time someone has reached the age of 66, 55 per cent of the services exclude them. 75 per cent of services said they had limited or no disabled access.

[When I'm 64: the ILC-UK factpack on retirement transitions](#)

28th November 2017

International Longevity Centre UK

This factpack explores retirement transitions and compares the experiences of today's 64 year-olds with earlier generations.

[Calling time: addressing ageism and age discrimination in alcohol policy, practice and research](#)

24th November 2017

International Longevity Centre UK

This report finds that ageism and age discrimination in alcohol policy, practice and research is denying older people the treatment they need to recover from harmful drinking.

[Care and support of older people with learning disabilities: consultation](#)

10th November 2017

NICE

This draft guidance recommends that health and social care professionals help older people with learning disabilities to live healthy and fulfilling lives as they age, including planning for life-changing events.

Prevention in the elderly: A necessary priority for general practitioners.

Lionis, Christos; Midlöv, Patrik, The European journal of general practice; Dec 2017; 23 (1): 202-207

According to the EU2020 strategy, general practitioners should design and implement prevention services and programmes to promote healthy and active ageing. Their primary focus should be on interventions on multimorbid patients, either by improving prescribing and adherence to medical plans or by targeting to fall and frailty prevention and vaccination uptake.

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Safeguarding

Childhood abuse in adults in primary care: Empirical findings and clinical implications.

Porcerelli, John H.; et al.

Int. J. of Psych. in Med.; May 2017; vol. 52 (no. 3); p. 265-276

Study investigates relationships between psychopathology, overall health, healthcare utilization, physician ratings of patient difficulty, and childhood abuse in Primary Care patients. Findings revealed that adult patients with histories of childhood abuse generally scored significantly higher on measures of psychopathology, emergency room use, and doctor–patient relationship difficulty, and lower on a measure of mental and physician-rated physical health.

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The failure of suicide prevention in primary care: family and GP perspectives - a qualitative study.

Leavey, G.; et al.

BMC psychiatry; Nov 2017; vol. 17 (no. 1); p. 369

Primary care is crucial for suicide prevention, clinicians tend to report completed suicides in their care as non-preventable. This study aims aimed to examine systemic inadequacies in suicide prevention from the perspectives of bereaved family members and GPs.

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